The Wilderness Center
2021 Native Plant Sale
Shade/Woodland Plants

Sun/Prairie species
Shade/Woodland species
Trees & Shrubs
Black Cohosh (Baneberry)
Actaea racemosa (Cimifuga racemosa)

Height: 4–6 feet  
Spread: 2–3 feet  
Bloom time: July–August  
Light: partial to full shade  
Soil: medium to moist

Wildlife Value: Nectar source for woodland insects.

Note: Somewhat deer resistant.
Maidenhair Fern

*Adiantum pedatum*

Height: 12-18”
Spacing: 18”
Light: Light shade to full shade
Soil: Medium to wet soils with loamy, sandy, or organic types.

Note: Excellent in rock and shade gardens
White Snakerooot
*Ageratina altissima*

Height: 1-2 feet  
Spread: 12-18 inches  
Bloom time: July-September  
Light: Partial to full shade  
Soil: Dry to medium

Columbine
*Aquilegia canadensis*

Height: 1-3 feet  
Spread: 1 foot  
Bloom time: April-June  
Light: partial to full shade  
Soil: Dry to medium  

Wildlife Value: Nectar source for hummingbirds, the plant’s only known pollinator.

Note: Will self-sow to spread.
Jack in the Pulpit
_Arisaema triphyllum_

Height: 1-2 feet
Spread: 8 inches
Bloom time: April-May
Light: Full to part shade
Soil: Medium to wet

Wildlife Value: Red berries are food for small mammals.

Note: May self sow to form a nice colony.
Wild Ginger  
*Asarum canadense*

Height: 6-12 inches  
Spread: 6 inches  
Bloom time: April-May  
Light: partial to full shade  
Soil: Dry to medium.

Wildlife value: The small red/brown flowers provide early pollen for native bees and flies.

Note: Nice groundcover once established.

Woodland species  
The Wilderness Center Native Plant Sale
Hairy Wood Mint
*Blephilia hirsuta*

Height: 2–3 feet  
Bloom Time: June–Sept  
Light: Partial sun to shade  
Soil: Medium/Wet

Bees pollinate. Mint for shady areas. Roots spread by rhizomes and can form thick colonies.

Photo Peter Dziuk 2012
Blue Cohosh
*Caulophyllum thalictroides*

Height: 2–4 feet  
Spread: 1 foot  
Bloom Time: April–June  
Light: Partial sun to shade  
Soil: Medium

Wildlife Value: Birds eat the berries.

Note: Blue-green, tall foliage in the spring woodland garden.
Golden Star
Chrysogonum virginianum

Height: 8 inches
Spread: 12 inches
Bloom time: April–June
Light: Partial to full shade
Soil: Medium to moist

Note: A native groundcover. Flowers bloom in spring and fall. Tends to die down in heat of summer.

Wildlife Value: Great for pollinators.
Virgin’s Bower (aka Woodbine)  
*Clematis virginiana*

Height: 9-15 feet long  
Spread: 12 to 20 feet  
Bloom time: June-July  
Light: Full sun to part shade  
Soil: Medium to wet soil


Note: Excellent ground cover. Showy fragrant flowers. Adds interest to the fall landscape with its silky, feather-like silvery seed heads.
Mistflower
Conoclinium coelestinum

Height: 1-3 feet
Spread: 1-2 feet
Bloom Time: July - October
Light: Partial shade to full sun
Soil: Medium

Wildlife Value: A nectar source for butterflies.

Note: Grows well in part shade but can tolerate full sun with adequate moisture.
Tall Blue Larkspur
*Delphinium exaltatum*

Height: 3–5 feet  
Spread: 1 foot  
Bloom time: July–August  
Light: Partial to full shade  
Soil: Dry to medium

Wildlife Value: Hummingbirds love it!
Wild Geranium
*Geranium maculatum*

Height: 1-2 feet
Spread: 1-2 feet
Bloom time: April-June
Light: Part sun to shade
Soil: Medium, tolerates drier conditions.

Wildlife Value: Butterflies, songbirds, and beneficial insects.
Hepatica

Hepatica acutiloba

Height: 6–9 inches
Spread: 8 inches
Bloom time: March–April
Light: partial to full shade
Soil: medium/wet

Wildlife Value: Early spring flowers for woodland insects.

Note: Leaves provide interest after flowers are gone.
Goldenseal

*Hydrastis canadensis*

Height: 12 inches
Spread: 8-12 inches
Bloom time: May-June
Light: partial to full shade
Soil: medium to moist

Wildlife Value: Nectar source for woodland insects.

The over collection of the root for medicinal use has led to steep reductions in native populations.
Virginia Bluebells
*Mertensia virginica*

Height: 1-2 feet
Spread: 1 foot
Bloom time: April-May
Light: partial to full shade
Soil: Medium to wet.

Wildlife value: Early nectar source for native bees.

Note: Flowers open blue and turn pink as they age. Expands slowly to form clumps. Leaves die back by June.
Cinnamon Fern
_Osmunda cinnamomea_

Height: 3-5 feet
Spread: 3 feet
Light: sun to full shade
Soil: prefers moist areas, but does well in medium soils.

Note: Fuzzy stems and spore producing fronds give this fern its name. Slow to establish, but worth the wait. Does not spread rapidly.
Wild Blue Phlox ‘Blue Moon’
*Phlox divaricata ‘Blue Moon’*

Height: 12-18 inches  
Spread: 1 foot  
Bloom time: May-June  
Light: partial to full shade  
Soil: Medium

Wildlife Value: Hummingbirds and early spring native bees and butterflies.

Note: Nativar selected for fuller flower petals.

Picture from North Creek Nurseries.
Wild Blue Phlox ‘May Breeze’

*Phlox divaricata ‘May Breeze’*

Height: 12–18 inches  
Spread: 1 foot  
Bloom time: May–June  
Light: partial to full shade  
Soil: Medium

Wildlife Value: Hummingbirds and early spring native bees and butterflies.

Note: Nativar selected for whiter flower color.

Picture from North Creek Nurseries.
Mayapple
Podophyllum peltatum

Height: 12-18 inches
Spread: 1 foot
Bloom time: May-June
Light: partial to full shade
Soil: Medium to dry

Wildlife value: Supports many spring pollinators.

Note: May form colonies.
**Jacob’s Ladder**

*Polemonium reptans*

- **Height:** 1-2 feet
- **Spread:** 12-18 inches
- **Bloom time:** May-June
- **Light:** full sun to shade
- **Soil:** Medium

**Wildlife value:** Native bees.

**Note:** A shade garden favorite with beautiful blooms and interesting leaves.
Downy Skullcap
*Scutellaria incana*

Height: 1-2 feet  
Spread: 8 -12 inches  
Bloom time: June to July  
Light: Full shade to partial sun  
Soil: Dry to medium

Note: Good for a woodland border.
Round-leaf Ragwort  
*Senecio obovatus*

Height: 1-2 feet  
Spread: 1 foot  
Bloom time: April-May  
Light: full shade.  
Soil: Medium to wet

Wildlife value: Early blooms for native pollinators.

Note: Evergreen foliage. Spreads by stolons to form a groundcover.
Fire Pink
*Silene virginica*

Height: 1-2 feet
Spread: 1 foot
Bloom time: April-June
Light: Part shade to sun
Soil: Dry to medium

Wildlife value: Hummingbirds.

Note: The bright crimson pink flowers can bloom for a month or longer.
Heart-leaved Aster
*Symphyotichum cordifolium*

Height: 2-3 feet
Spread: 1-2 feet
Bloom time: August-September
Light: Light to partial shade
Soil: Dry to medium

Wildlife value: Attracts butterflies, bees and beneficial insects.

Note: Large Heart-shaped leaves.
Foamflower
*Tiarella cordifolia*

Height: 10-12 inches

Spread: 1 foot

Bloom time: May-June

Light: Partial to full shade

Soil: Medium

Wildlife value: Native bees.

Note: White flowers bloom over attractive, heart shaped leaves. Bronze fall and winter color.
Red Trillium

_Trillium erectum_

Height: 12-18 inches  
Spread: 1 foot  
Bloom time: April-May  
Light: partial to full shade  
Soil: medium to wet, rich soil

Wildlife Value: Native bees

Note: Will possibly self sow if it thrives in its place.
Large-flowered Trillium
*Trillium grandiflorum*

Height: 12–18 inches
Spread: 1 foot
Bloom time: April–May
Light: partial to full shade
Soil: medium to wet, rich soil

Wildlife Value: Native bees

Note: Our official state wildflower! Will possibly self sow if it thrives in its place.

Woodland species
Large-flowered Bellwort
*Uvularia grandiflora*

Height: 1-2 feet
Spread: 10-12 inches
Bloom Time: May–June
Light: Partial shade
Soil: Medium to wet

Wildlife Value: Nectar a pollen source for native bees.

Note: May form colonies with rhizome root system. Protect from deer.
Golden Alexanders  
*Zizia aurea*

Height: 1-2 feet  
Spread: 1-3 feet  
Bloom time: May-July  
Light: Full sun to full shade  
Soil: Medium to wet with clay, loamy or sandy soils.

Wildlife Value: Plants are an excellent food source for Eastern Black Swallowtail butterfly larvae, so don’t kill the caterpillars!

Note: Bright accent for a spring garden and the foliage stays looking good all summer. Good in clay soils.